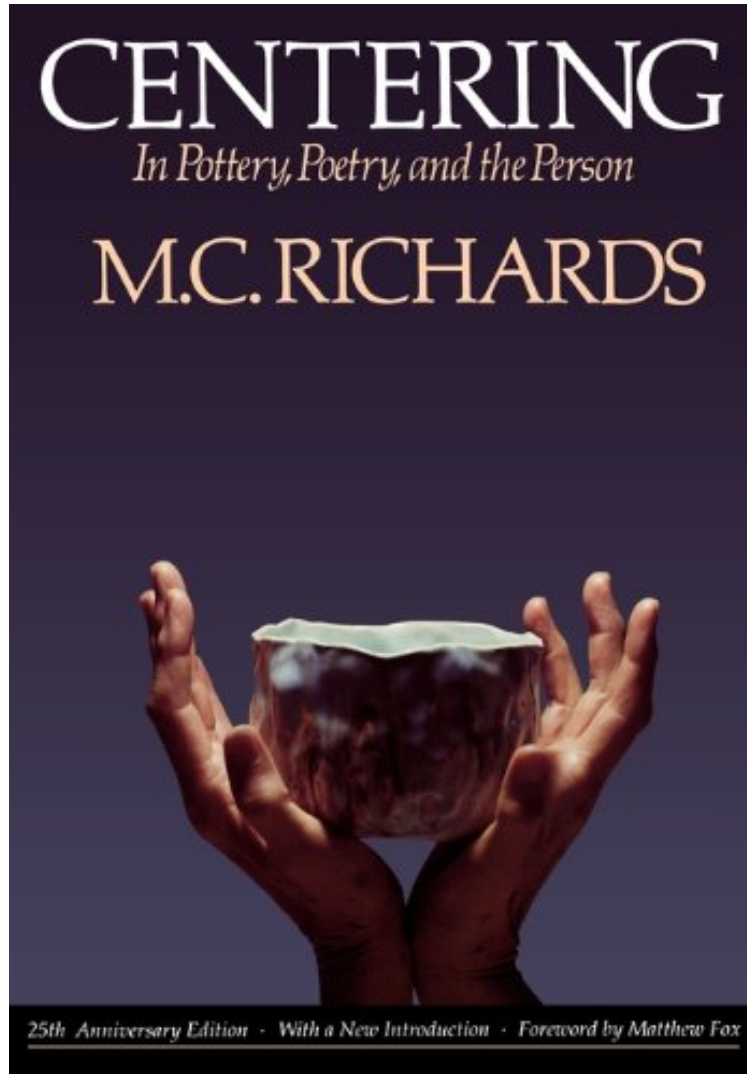


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## Centering in Pottery, Poetry, and the Person

Mary Caroline Richards

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**Mary Caroline Richards : Centering in Pottery, Poetry, and the Person** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Centering in Pottery, Poetry, and the Person:

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"right on time" gem. I used to wait for the new album of my favorite musician or group to gain instruction or affirmation on my life journey. I then looked to books and movies and plays to do the same. As I got older I became more of a curmudgeon; teachers were harder to find. I became aware of Centering on a fluke. I was struggling with my own slippery center. I expected to do battle with the author over finding the whole in every part. I had an attitude. I began to read the book just before I went to sleep. Little did I expect to be still reading it into the wee wee hours of the morning. Totally unexpectedly my teacher arrived, even though she is no longer breathing on the planet. Thank you MC Richards for being so honest and available and vulnerable. I can't help but underline passages, again and again. Wayne Benenson Seattle, WA

A flowing collection of poetry that is also a guide for life.

"This book, in its form and in its content, seems almost without precedent. Its style flows directly from an intensity, an honesty, and a frankness which are rare. It is a poem, a sutra, a tract, a confession, a revelation, a guide to art and life . . . In my opinion this is not merely a good book, it is a great book" — Daniel Rhodes, Crafts Horizons