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# Living Color: Painting, Writing, and the Bones of Seeing

*Natalie Goldberg*

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## LIVING COLOR





PAINTING, WRITING, AND THE BONES OF SEEING



**NATALIE GOLDBERG**

AUTHOR OF WRITING DOWN THE BONES

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**Natalie Goldberg : Living Color: Painting, Writing, and the Bones of Seeing** before purchasing it in order to gage whether or not it would be worth my time, and all praised Living Color: Painting, Writing, and the Bones of Seeing:

11 of 11 people found the following review helpful. Equal to Ms. Goldberg's previous booksBy Mary RaihoferWhen I read Natalie's "Writing to the Bones" it was at a time I was writing poetry and simultaneously was taking some water color classes. When I saw she had written "Living Color" I thought what a jump - from writing to painting. I sense that she would do credit to her work and I must say, I was not disappointed. She paints the way most of us would like to paint; bold, colorful and with a freedom that is refreshing. If I had seen pictures of her work without benefit of her book I probably would have scanned right over them. But she guides us through her work with her superb narrative and provides us with an understanding of her symbolism. She helps you get over the notion of perfection and

encourages you to look at things through your "eye." Color, vibrancy and joy abound. Truly delightful. 7 of 7 people found the following review helpful. still among the best... get it you won't regret it By jordi I own both this and the previous version they are both among my most referred to painting books. When you are in a slump or feeling blocked nothing solves it faster than having Natalie's voice in your ear encouraging you to just keep going. I love the way she links words and imagery. This is a great iteration of the original not just a reprint. 11 of 11 people found the following review helpful. Just what I was looking for By Jennie I have a passion for writing and painting and found it difficult to combine these two. A few times a year I give retreats in writing or painting. This book helped immensely helped me to combine these two. And everyone can do it, you don't have to be an excellent writer or painter you just have to be passionate about it!

From fill-in art journals to self-help books on creativity, more than ever the public is striving to bring artistic enlightenment into their everyday lives. In *Living Color*, one of the country's most celebrated writers expounds on her own path to artistic inspiration. Tailored to a new generation of aspiring creatives, this revised and expanded edition pairs 13 of Goldberg's engaging and encouraging essays with 75 of her paintings and 22 never-before-shared artistic exercises. This timely re-publication will speak straight to the heart of readers everywhere who want to break down creative barriers or explore their creativity anew.

It is worth noting that *Living Color* is a gorgeous art book. The production quality of this book is so finely crafted . . . makes an excellent gift or addition to any book collection . . . speckled with many gems that will brighten anyone's fearful mind.