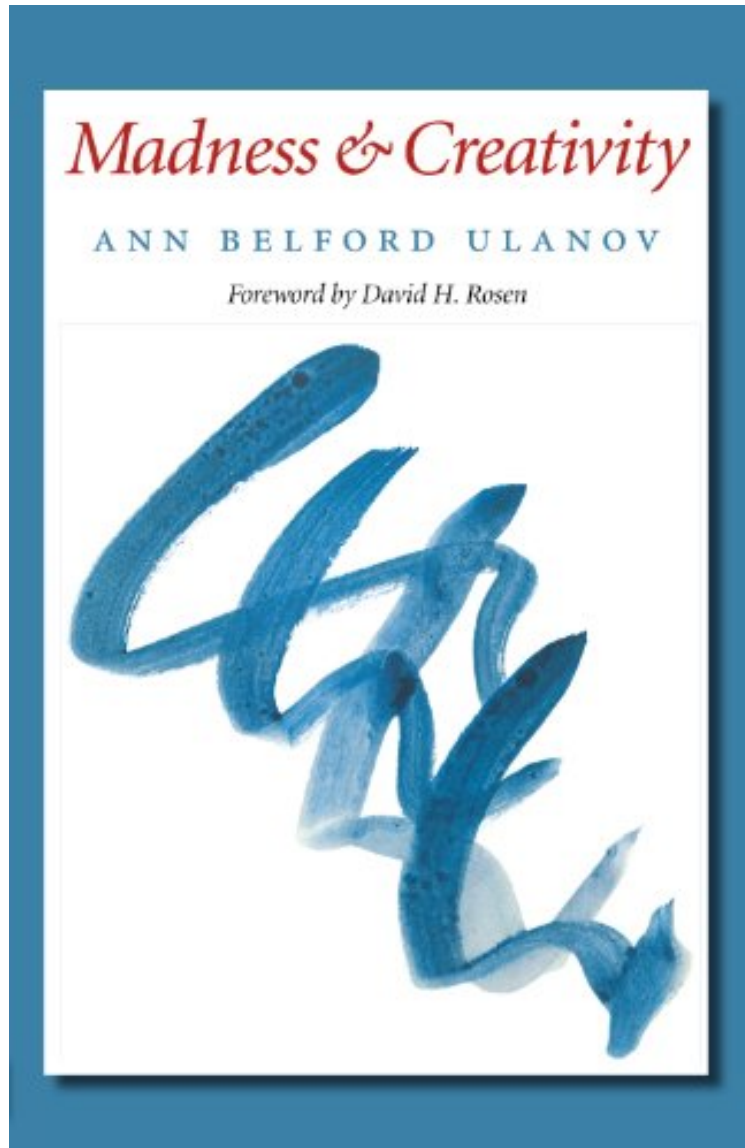


(Free) Madness and Creativity (Carolyn and Ernest Fay Series in Analytical Psychology)

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Ann Belford Ulanov

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Ann Belford Ulanov : Madness and Creativity (Carolyn and Ernest Fay Series in Analytical Psychology) before purchasing it in order to gage whether or not it would be worth my time, and all praised Madness and Creativity (Carolyn and Ernest Fay Series in Analytical Psychology):

4 of 4 people found the following review helpful. This is a good read for the psycho spiritual work necessary to remediate ...By Kindle CustomerThis is a good read for the psycho spiritual work necessary to remediate emotional

injuries. It allows one to grasp the potential of the mind available in creativity to work with the healing process.² of 2 people found the following review helpful. A Must Read By Joan Murray I recently had the privilege of seeing Ann Ulanov at a Jungian workshop where she presented this material. So potent has it been that several of us women have formed a study group around the book. The effect is powerful. Each person finds the material uniquely personal and illuminating. 11 of 12 people found the following review helpful. Exploring the last Great Territory...our interiority By Susan Ann Ulanov is a consummate courageous explorer of the human inner world. She goes where heroes fear to tread. Personally I can only read a paragraph at a time because the psychological material she is working with is so powerful it takes my breath away. I can't read Ann Ulanov and see the outer world in the same way. I could try to unlearn what she has opened my eyes to but may the Gods help I if I do!

Analyst and author Ann Belford Ulanov draws on her years of clinical work and reflection to make the point that madness and creativity share a kinship, an insight that shakes both analyst and analysand to the core, reminding us as it does that the suffering places of the human psyche are inextricably—and, often inexplicably—related to the fountains of creativity, service, and even genius. She poses disturbing questions: How do we depend on order, when chaos is a necessary part of existence? What are we to make of evil—both that surrounding us and that within us? Is there a myth of meaning that can contain all the differences that threaten to shatter us? Ulanov's insights unfold in conversation with themes in Jung's Red Book which, according to Jung, present the most important experiences of his life, themes he explicated in his subsequent theories. In words and paintings Jung displays his psychic encounters from 1913–1928, describing them as inner images that "burst forth from the unconscious and flooded me like an enigmatic stream and threatened to break me." Responding to some of Jung's more fantastic encounters as he illustrated them, Ulanov suggests that our problems and compulsions may show us the path our creativity should take. With Jung she asserts that the multiplicities within and around us are, paradoxically, pieces of a greater whole that can provide healing and unity as, in her words, "every part of us and of our world gets a seat at the table." Taken from Ulanov's addresses at the 2012 Fay Lectures in Analytical Psychology, *Madness and Creativity* stands as a carefully crafted presentation, with many clinical examples of human courage and fulfillment.