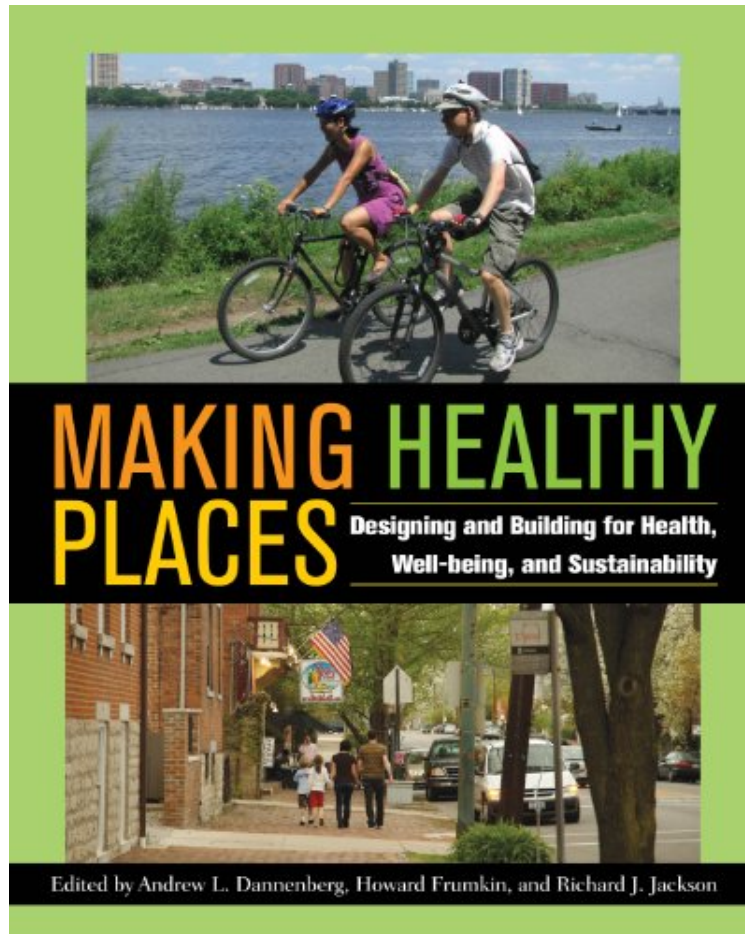


Making Healthy Places: Designing and Building for Health, Well-being, and Sustainability

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From Island Press : Making Healthy Places: Designing and Building for Health, Well-being, and Sustainability before purchasing it in order to gauge whether or not it would be worth my time, and all praised Making Healthy Places: Designing and Building for Health, Well-being, and Sustainability:

0 of 0 people found the following review helpful. Could be better. By Trisarahtops Good material and content, but man this is a dry read. It is not engaging like it could be given the topic. Chapters should be shorter and more to the point. There are a lot of words but not much being said a lot of the time. 0 of 0 people found the following review helpful. Five Stars By Ghassan Abu-Lebdeh, American University of Sharjah Excellent book on a timely subject. A must read for policy makers, planners, designers/architects 1 of 1 people found the following review helpful. Good book for planners By SL55 Good read to help planners comply with all of the healthy community and sustainability issues being advocated by "those who know better."

The environment that we construct affects both humans and our natural world in myriad ways. There is a pressing need to create healthy places and to reduce the health threats inherent in places already built. However, there has been little awareness of the adverse effects of what we have constructed-or the positive benefits of well designed built environments. This book provides a far-reaching follow-up to the pathbreaking *Urban Sprawl and Public Health*, published in 2004. That book sparked a range of inquiries into the connections between constructed environments, particularly cities and suburbs, and the health of residents, especially humans. Since then, numerous studies have extended and refined the book's research and reporting. *Making Healthy Places* offers a fresh and comprehensive look at this vital subject today. There is no other book with the depth, breadth, vision, and accessibility that this book offers. In addition to being of particular interest to undergraduate and graduate students in public health and urban planning, it will be essential reading for public health officials, planners, architects, landscape architects, environmentalists, and all those who care about the design of their communities. Like a well-trained doctor, *Making Healthy Places* presents a diagnosis of--and offers treatment for--problems related to the built environment. Drawing on the latest scientific evidence, with contributions from experts in a range of fields, it imparts a wealth of practical information, with an emphasis on demonstrated and promising solutions to commonly occurring problems.

"This comprehensive, beautifully edited volume explains why and how our physical environment profoundly affects each of us, our family, our community, and our nation. A treasure of excellent chapters by well-respected experts, it is replete with practical wisdom on how to diagnose and ameliorate the wide range of environmental problems, with inspiring examples of success. Reading it is the equivalent of a top tier graduate level course in practical environmental health."