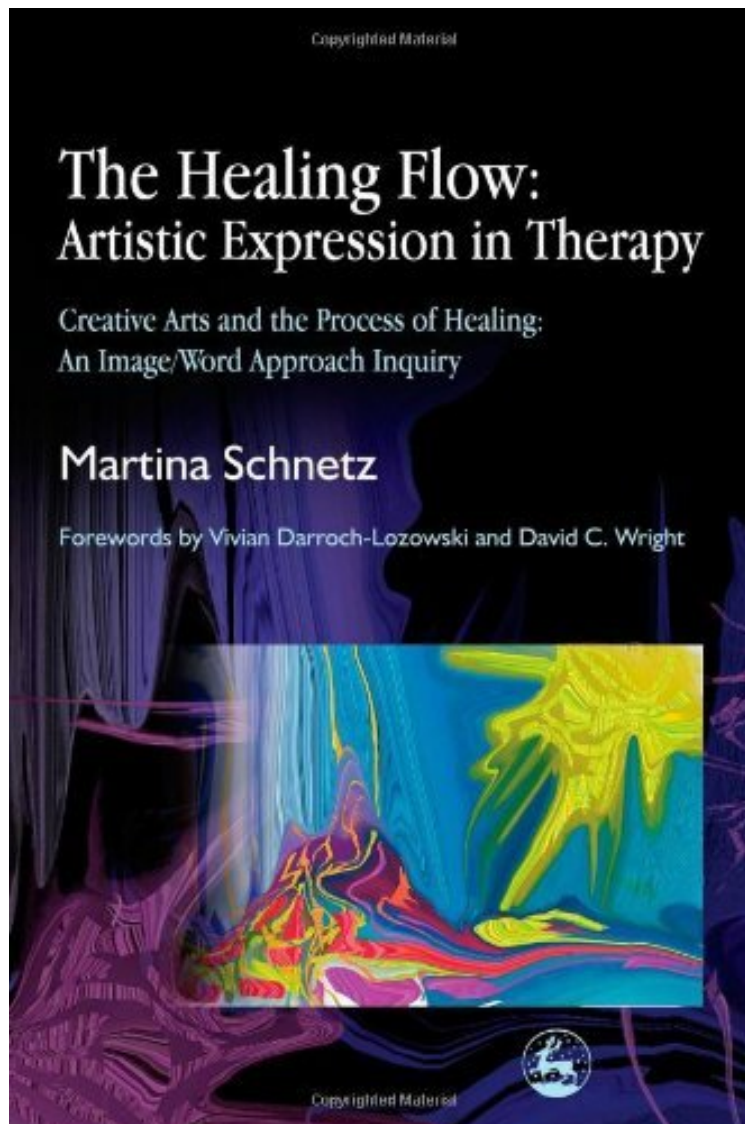


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The Healing Flow: Artistic Expression in Therapy: Creative Arts and the Process of Healing: An Image/Word Approach Inquiry

Martina Schnetz

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Drawing on her extensive experience as a creative arts therapist, Martina Schnetz puts forward a new approach to the process of art in healing. She explores the dialogue between the internal world, external images, and words, shaping a new vocabulary for creative arts therapists. *The Healing Flow: Artistic Expression in Therapy* is a theoretical and experiential account of the author's work with survivors of childhood trauma and post traumatic stress. Case studies are presented in this model. Through providing deeper insight into the creative processes, participants recover meaningful patterns in their lives, and restore connectedness between themselves and the world.

An artist and the founder of a counseling service and art studio in Toronto, Schnetz presents a qualitative approach to integrating art and therapy. She first sets out an art-based approach to inquiry, then looks at the healing flow within a clinical setting. -- Book News An artist and the founder of a counseling service and art studio in Toronto, Schnetz presents a qualitative approach to integrating art and therapy. She first sets out an art-based approach to inquiry, then looks at the healing flow within a clinical setting. (Book News) About the Author Martina Schnetz founded Schnetz Counseling and Creative Arts, a counseling service and art studio committed to revitalizing the arts. She had over ten years' experience as a creative arts therapist, artist and researcher in the Toronto area, Canada and was Program Facilitator and a creative arts therapist at the Homewood Health Centre, a psychiatric hospital in Ontario.