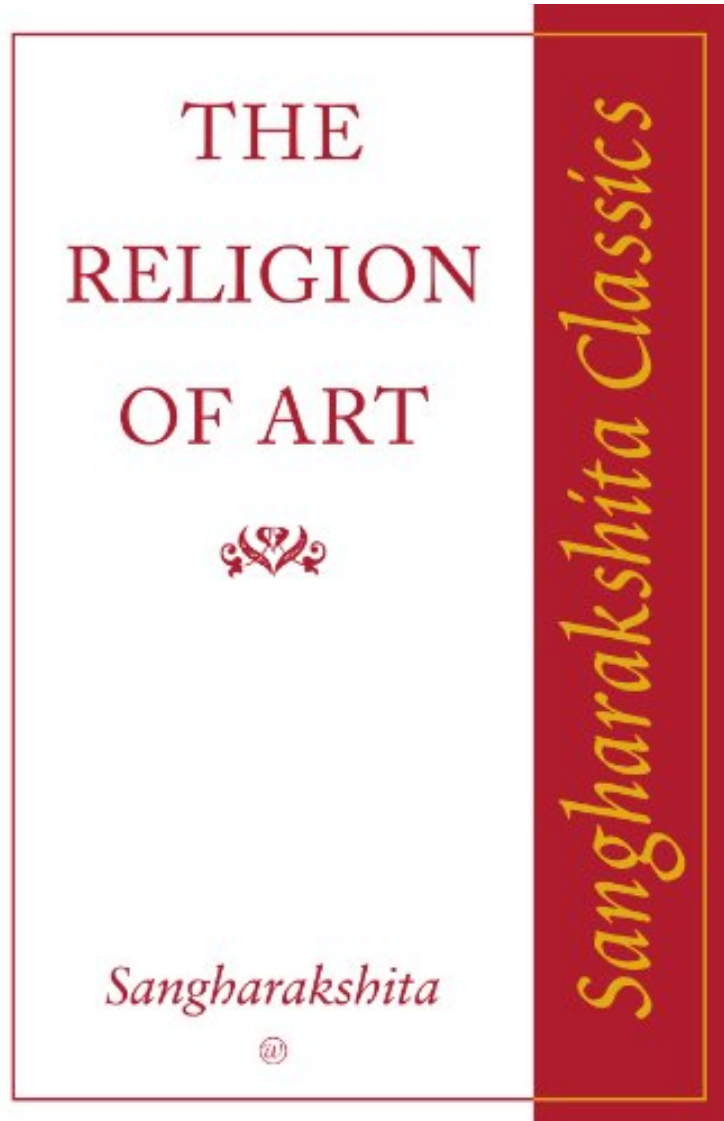


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## The Religion of Art (Sangharakshita Classics)

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**Sangharakshita : The Religion of Art (Sangharakshita Classics)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Religion of Art (Sangharakshita Classics):

In this collection of four essays, Sangharakshita - a Buddhist teacher and poet - discusses how art, like religion, can challenge our perceptions, awareness and experience of truth. Recounting his own experiences as a young monk and poet, he urges the reader to apply a similar kind of awareness in looking at art to that developed in meditation. In so

doing he shows how both have the power to transform the way we see ourselves and the world. This new edition has been entirely reset and features a timeless new cover and introduction by Dhivan.