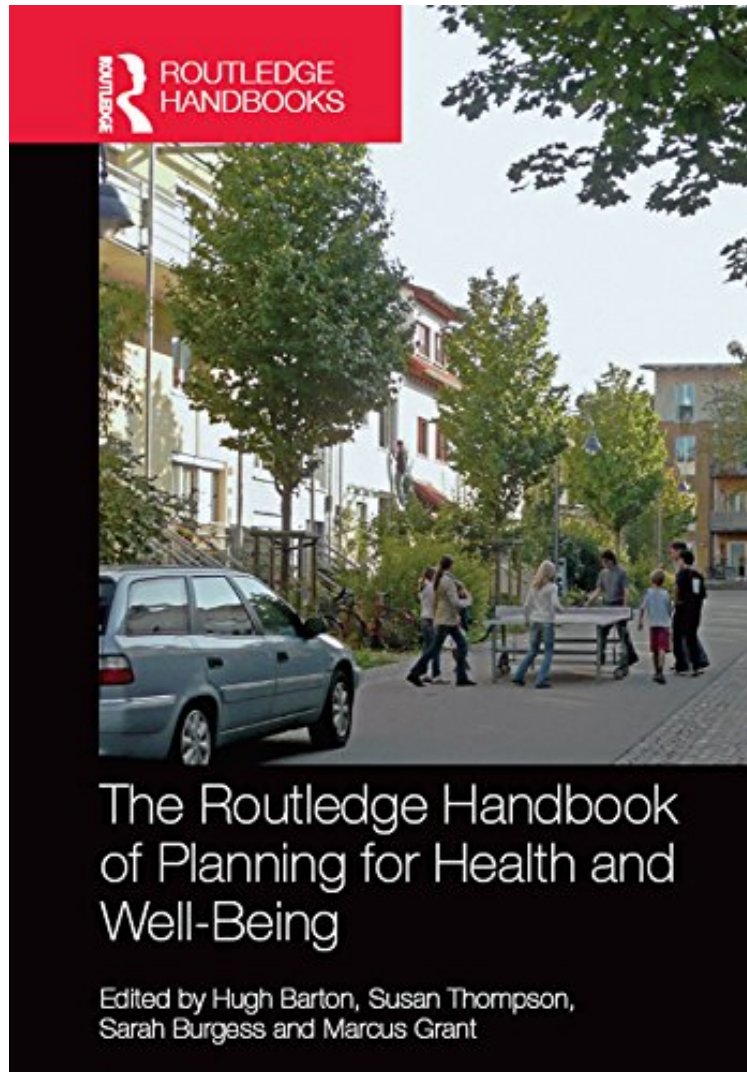


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The Routledge Handbook of Planning for Health and Well-Being: Shaping a sustainable and healthy future (Routledge Handbooks)

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From Routledge : The Routledge Handbook of Planning for Health and Well-Being: Shaping a sustainable and healthy future (Routledge Handbooks) before purchasing it in order to gage whether or not it would be worth my time, and all praised The Routledge Handbook of Planning for Health and Well-Being: Shaping a sustainable and healthy future (Routledge Handbooks):

Urban planning is deeply implicated in both the planetary crisis of climate change and the personal crises of unhealthy

lifestyles. Worldwide health issues such as obesity, mental illness, growing health inequalities and climate vulnerability cannot be solved solely by medicines but also by tackling the social, economic and environmental determinants. In a time when unhealthy and unsustainable conditions are being built into the physical fabric of cities, a new awareness and strategy is urgently needed to putting health and well-being at the heart of planning. The Routledge Handbook of Planning for Health and Well-being authoritatively and comprehensively integrates health into planning, strengthening the hands of those who argue and plan for healthy environments. With contributions from international leaders in the field, the Handbook of Planning for Health and Well-being provides context, philosophy, research, processes, and tools of experienced practitioners through case studies from four continents.

"This is a manifesto for how we should plan our neighbourhoods, towns and cities. It champions the objectives of health and well-being - time-honoured values in the history of planning - as the core means to achieving well-made, rich, beautiful and happy places. I'd like to see every politician, planner and developer given a copy. I'd like every household in the country to understand its message." ?Kevin McCloud, MBE "This book will be a valuable resource for urban planners and design professionals as well as public health professionals and others interested in improving the health and wellbeing of the increasing majority of the world's people who are city dwellers." ?Trevor Hancock, Professor and Senior Scholar, School of Public Health and Social Policy, University of Victoria, Australia "The Routledge Handbook of Planning for Health and Well-Being is an amazing resource to guide users in addressing health concerns at their source by providing discussions of various habitats, processes and tools for promoting healthy communities, and case studies from around the globe." ?Nisha D. Botchwey, PhD, MCRP, MPH, Georgia Institute of Technology, USA "I welcome this book as a major step in taking forward the implementation of the healthy cities vision. Planning for health and well-being is a discipline-defining publication. It is the first in this field oriented around the needs of planning professionals and academics. It is extensive and authoritative, yet accessible in style and language. If you believe in an ethical and inspiring basis for urban planning, read it . Use it." - Agis Tsouros, Director, Policy and Governance for Health and Well-being, World Health Organization, Regional Office for Europe; in the Preface. "This comprehensive volume on health and planning is without peer; international in scope and outstanding in scholarship. It re-joins planning to its original reformist twin, health, at a time of grave threat to human well-being in an urban age. A compelling and timely contribution." ?Professor Brendan Gleeson, Director, Melbourne Sustainable Society Institute, The University of Melbourne, Australia "This book confirms the vital role that town planning has in making people's lives healthier and happier. It provides clear evidence about the kinds of action we can take now to secure people's well-being and reduce long term social care costs. This is simply a vital book for any practitioner interested in the future health and well-being of their community." ?Dr. Hugh Ellis, Head of Policy, Town and Country Planning Association, UK "What does a healthy and sustainable city look like? It is a city of short ways, where all daily requirements are available within walking distance. It is a city which is socially cohesive, equitable, and values the natural environment. The principles are widely advocated, but most cities and countries are still going blindly in the opposite direction. This huge book from internationally-respected authors issues an urgent call to action. It provides a wealth of scientific evidence and practical exemplars to convince policy-makers they must change. It also has massive implications for the way we train built environment professionals: putting people first; putting health at the heart of planning." ?Wolf Daseking, former Chief Planner, Freiburg, Germany "It is a remarkable fact that our Victorian forebears worked out that health and planning were inextricably linked. The great schemes of sanitation and urban improvement which had such tangible beneficial effects on the health of the population stand as a monument to their vision and practical problem solving. How did we lose our way? How did we arrive at a situation where planning and public health became so disjointed? In this excellent new book the authors point us in a direction which shows what can and could be achieved in the contemporary age. It is a landmark text which will be highly influential in the years to come." ?Mike Kelly, Institute of Public Health, University of Cambridge, UK, and former Director of the Centre for Public Health at NICE About the Author Hugh Barton is Emeritus Professor of Planning, Health and Sustainability at the University of the West of England, Bristol, UK. Until 2012 he was Director of the WHO Collaborating Centre for healthy urban environments. He is a recognised international expert in the field, and lead author of key texts on sustainability and health, including Healthy Urban Planning, (for the WHO Healthy Cities programme), Sustainable Communities and Shaping Neighbourhoods. His research, teaching and consultancy work has been about building bridges between disciplines, professions, stakeholders, spatial scales and policy areas. He has made a particular study of energy-efficient urban form, neighbourhood design, inclusive decision processes and health-integrated planning. Susan Thompson is Professor of Planning and Associate Director (Healthy Built Environments) at the City Futures Research Centre, UNSW Australia (The University of New South Wales, Australia). Susan has worked in urban planning for over 30 years focusing on cross-disciplinary research, teaching and practice. She has qualifications in urban planning, geography and education. Her areas of expertise encompass cultural diversity in urban planning, meanings of home and the use of qualitative research methodologies in the built environment disciplines. For the last decade Susan's work has focused on healthy urban planning. In 2012 Susan was elected Fellow of the Planning Institute of Australia and is widely

published in urban planning and health. Sarah Burgess is a qualified planner specialising in urban design and planning policy. She has experience in public and private practice in both Australia and the United Kingdom, working on projects and policies at local and strategic levels. Sarah is a Senior Lecturer in Health and Urban Planning at the University of the West of England, UK. Her research interests include urban form and the quality of the urban environment and the integration of health into planning policies and processes. She is a Built Environment Expert with the Commission for Architecture and the Built Environment and an Academician of the Academy of Urbanism. Marcus Grant has been exploring questions at the interface of human flourishing, sustainability and land use since the mid-1980s. He has working experience of the consultancy, academic and public policy worlds and is concerned with accessing their inherent, but untapped synergies, to make better places. Recently, he has been active in this field as Deputy Director of the WHO Collaborating Centre for Healthy Urban Environments and Associate Professor in the Department of Planning and Architecture at the University of the West of England, UK. Marcus holds a degree in ecology, is a Chartered Landscape Architect, a Fellow of the Faculty of Public Health and an Associate Fellow of the National Institute for Health Research.